# TAKE CONTROLLED SUBSTANCES



n 2018, Florida passed the Controlled Substances Bill that establishes prescribing limits, requires continuing education on controlled substance prescribing, expands required use of Florida's Prescription Drug Monitoring Program, EFORCSE®, and more.

#### **Required Continuing Education**



Each prescribing practitioner who is registered with the United States Drug Enforcement Agency, is required to take a Board-approved continuing education course, unless the practitioner is already required to complete such a course under his or her practice act.

The course must be completed by January 31, 2019, and at each subsequent licensure renewal.

#### **Prescription Limits for Acute Pain**

A prescribing practitioner may prescribe up to a 3-day supply of a Schedule II opioid to alleviate acute pain. However, a prescribing practitioner may prescribe up to a 7-day supply for acute pain if the prescriber:

- determines more than a 3-day supply is needed based on the professional judgment of the prescriber;
- indicates "acute pain exception" on the prescription; AND
- documents the justification for deviating from the 3-day supply limit in the patient's medical record.

#### **Prescriptions for Nonacute Pain**

If the prescriber writes a prescription for a Schedule II opioid for the treatment of pain other than acute pain, the prescriber must indicate "NONACUTE PAIN" on the prescription.

#### **Pain Management Clinics**

All pain management clinics must be registered with the Department of Health (DOH) as a pain management clinic <u>or</u> hold a certificate of exemption by January 1, 2019.

Applicant	for certificate	of exemption

#### An applicant must provide:

- The name or names under which the applicant does business;
- The address at which the pain management clinic is located;
- The specific exemption that the applicant is claiming, along with supporting documentation; AND
- any other information DOH deems necessary.

Each certificate must be renewed biennially, be prominently displayed, and be made available to the DOH or applicable board upon request.

#### Prescription Drug Monitoring Program (PDMP)

Each prescriber and dispenser, or his/her designee, has a duty to consult the PDMP system to review a patient's controlled substance dispensing history each time a controlled substance is prescribed or dispensed to a patient age 16 or older, unless a statutory exemption applies.

Statutory exemptions include:

- Patient is less than 16 years of age;
- Drug being prescribed is a nonopioid Schedule V;
- System is not operational; OR
- Requestor has technological or electrical failure.

Failure to consult the PDMP may result in a non-disciplinary citation by the regulatory board or further discipline. You may register for the PDMP at: **https://florida.pmpaware.net** 







To learn more, visit flhealthsource.gov/FloridaTakeControl

# TAKE CONTROLLED SUBSTANCES



#### Who must take a continuing education course?

All prescribing practitioners registered with the United States Drug Enforcement Agency to prescribe controlled substances must complete a 2-hour continuing education course.

#### What is a prescribing practitioner?

Allopathic Physicians, Osteopathic Physicians, Dentists, Podiatric Physicians, Certified Optometrists, Advanced Registered Nurse Practitioners (ARNP)\* and Physician Assistants (PA). \*As of Oct. 1, 2018, ARNP will be renamed Advanced Practice Registered Nurses (APRN).

### Are there exceptions to who must take the 2-hour course?

Yes. ARNPs and PAs must complete a 3-hour course on the safe and effective prescribing of controlled substance medications.

#### When must the 2-hour course be completed?

By January 31, 2019, AND at each subsequent licensure renewal.

#### Where is the course offered?

Go to www.cebroker.com to search for your profession's boardapproved courses.

# What is the 3-day prescribing limit for acute pain?

A prescription of a Schedule II opioid to alleviate acute pain may not exceed a 3-day supply, codifying the Centers for Disease Control guideline for the treatment of acute pain.

#### When can a 7-day supply be prescribed?

A prescribing practitioner may prescribe up to a 7-day supply if: (1) the physician determines it is medically necessary; (2) indicates "acute pain exception" on the prescription; AND (3) documents the justification for deviating from the 3-day supply limit in the patient's medical record.

# When must all pain management clinics be registered with the DOH as a pain management clinic or hold a certificate of exemption?

By January 1, 2019.

#### How do I register with the PDMP?

https://florida.pmpaware.net

## When must a prescriber or dispenser or his or her designee consult the PDMP?

Prior to prescribing or dispensing a controlled substance in Schedules II-V, as defined in section 893.03, Florida Statutes, for patients age 16 and older.

#### Do I have to consult the PDMP each time I write a prescription, or only at the initial appointment?

The PDMP must be consulted each time a prescription is written for a controlled substance.

# If a prescription has refills, am I required to consult the PDMP before dispensing each refill?

Yes, the PDMP must be consulted before dispensing each refill.

### Which controlled substances must be reported to the PDMP?

Schedules II, III, IV, and V must all be reported.

The Florida Department of Health, Division of Medical Quality Assurance has launched an informational website regarding the Controlled Substances Bill.

flhealthsource.gov/FloridaTakeControl



To learn more, visit flhealthsource.gov/FloridaTakeControl